



**WIC is a federal nutrition program that provides**

- Nutrition Education
- Nutrition Counseling
- Breastfeeding Support
- Nutritious Foods
- Referrals to Other Services

**WIC may be able to help you if you....**

- Are pregnant or breastfeeding
- Have an infant or children up to age 5
- Want to improve your family's health with good nutrition
- Meet the income guidelines below

### **Illinois WIC - Income Guidelines**

*Effective July 1, 2012*

Family Size	Weekly	Monthly	Yearly
1	\$398	\$1,723	\$20,665
2	\$539	\$2,333	\$27,991
3	\$680	\$2,944	\$35,317
4	\$821	\$3,554	\$42,643
5	\$961	\$4,165	\$49,969
6	\$1,102	\$4,775	\$57,295
<b>For each additional family member add</b>	\$141	\$611	\$7,326